



HOPE HOUSE, INC.



# QUARTERLY NEWS

### MISSION STATEMENT:

HOPE HOUSE, INC. PROVIDES HOMELESS, CHEMICALLY DEPENDENT WOMEN WITH OPPORTUNITIES TO PURSUE RECOVERY AND SELF-SUFFICIENCY IN A HEALTHY, SUPPORTIVE LIVING ENVIRONMENT.

SUMMER / FALL  
2010

## GREETINGS FROM THE EXECUTIVE DIRECTOR:

Mary E. Etheart, PhD

Greetings from the Executive Director

I have recently returned from a wonderful conference in Chicago, which I was able to attend through a Schneider Fellowship granted by the St. Joseph Community Health Foundation. This was the 4<sup>th</sup> National Conference on Women, Addiction, and Recovery: Thriving in Challenging Times. I came back with new ideas and materials to improve our program, but even more, I returned refreshed and with the realization that Hope House **is** thriving, even in these challenging times. We have 13 women in this Celebration of Success, the largest group in the past 4 years! Our Facebook presence is followed by 264 fans! We are hosting interns from more colleges & universities – now Ball State & Grace College have sent us wonderful students! We have more volunteers than ever – consistent volunteers who come regularly to help women with everything from interview skills to Bible study and groups of volunteers who come for special projects! We are getting sponsors and teams for our upcoming golf outing and receiving prizes galore! Planning has begun for our 30<sup>th</sup> anniversary in 2011. It is a wonderful feeling to know that we are thriving as an organization and that the women we serve are thriving. I think this quote from Martin Luther King explains why:

*We must accept finite disappointment, but we must never lose infinite hope.*

I would like to thank the wonderful staff for their hard work and their caring & commitment to the women, the supportive Board, and all of our fabulous donors and volunteers. All of you keep us thriving!

## Thank you to the following for donating time, treasure and talents.

Thank you to...

- Junior League of Fort Wayne for the new printer, and so much more!
- Chapel Church for plastering walls and painting many areas at both houses
- Eric Korte for building a new porch railing & column at Martha's Place
- Canterbury High juniors for painting the porch railing
- St. Michael Lutheran Church for cleaning the gutters at both houses & painting at Martha's Place
- Suzanne Burden & Kathie Frazee for providing Bible studies & job readiness classes
- Stephen Jarrell for the air conditioner.
- Dave & Marianne Farnbaugh for the lawn mower
- Bill Ellington for the gas grill.
- Ray Voorhees for the computer
- Foellinger Foundation
- Lincoln Financial Foundation
- Community Foundation of Greater Fort Wayne
- St. Joseph Community Health Foundation
- Georgia Ulmschneider
- Ivy Tech Nursing Students
- A-1 Appliances
- Emily Hayes
- Connie Brown
- Ruth Hart
- Melani Wilson
- Kathleen Delaspina
- A-1 Appliances
- Friends and Family of Sue Fenker
- Phil and Theresa Howard
- Vickie Meyers

## A Kind Word Makes a Difference

Hope House recently received several wonderful reviews on [greatnonprofits.org](http://greatnonprofits.org), and we would like to take a moment to thank those who shared their thoughts. Our days were brightened by your reviews, it is always nice to hear our work is appreciated. Thank you. If you have a review of Hope House that you would like to share or would like to see what has been written about Hope House, please visit [www.greatnonprofits.org](http://www.greatnonprofits.org) and help us spread the word. If something you read inspires you to give, you can donate online at [www.hopehouseinc.us](http://www.hopehouseinc.us) by scrolling to the bottom of the page and clicking the "Donate Now" button. We are extremely fortunate to have a very generous network of supporters, without you our program would not be as successful. Thank you.



## Golf Outing 2010

Our second annual Golf Outing will be held on September 23, 2010 at the McMillen Park Golf Course. Last year's golf outing was a success thanks to our amazing supporters, who played through the rain. Hope House would like to take a moment to thank all those who have already signed up to be sponsors at this year's outing, and also the golf teams that have already registered. We greatly appreciate your support! It is not too late to sign up to be a part of this event. This year we are hoping for an even larger turn out, and better weather, but rain or shine, we will be at McMillen Park, and hope to see everyone there! We have wonderful prizes, so please join us for a fun afternoon. Contact Mary at 424-3711 or [etheart.hope.house@frontier.com](mailto:etheart.hope.house@frontier.com) for more information. We have wonderful prizes including rounds of golf at Chestnut Hills, Autumn Ridge, Canterbury, Brookwood, and door prizes of Vera Bradley items, gift certificates from local restaurants and from spas & gyms, and much, much more! Thank you so much to Jane Beer, golf outing chairperson.



## Hope House Interns

We were so lucky to have Megan Ayres, from Ball State University, do a summer internship in counseling at Hope House. Here is what she had to say about her experience:

*My experience was outstanding. The women were so open and welcoming, but what I enjoyed most was their honesty. The residents that I really got to know were able to open up and be honest with me about their past, their struggles, and their goals for the future. I also found that I really enjoyed leading different groups at Hope House. I think it was touching how the women interacted with each other. Overall, I would have to say that my experience was inspirational and one that I will never forget!*

Megan

Hope House has several interns beginning soon, who will be working with us through the fall. Shasta Gross from the master's program for counseling at Grace College has already begun and is delightful. We have two interns from the IPFW Human Services Dept. who will be joining us: Laurene & Jessica. Lindsey Cook will be completing her Psychology Field Placement requirement, and is so helpful. Finally, we welcome 4 students from Dr. Carol Lawton's Psychology of Women's class who volunteer their time also.

## Exciting New Project

Hope House is about to start a jewelry making business! Our residents will be creating beautiful bracelets, and possibly some earrings, and selling them locally. The project is being supervised by a former intern, Desirae Miller. She came to us from IPFW last year, and ran a craft group with the women for several months. In May she met with Melanie Wilson, who has her own jewelry business, to learn how to create a new style of bracelet. She is extremely excited to be moving forward with this project! Keep an eye on our website and Facebook page for updates!





## Junior League Done in a Day Project

PAGE 3

We are enjoying some delicious vegetables grown right in our backyards, thanks to the Junior League and their Done In A Day project. On Saturday, May 15 an energetic group of Junior League volunteers, along with a number of our residents, spent the day installing and planting six raised beds for vegetables. The front and sides of each house received new looks courtesy of Bruce Ewing Landscaping as well! The Hagerman Group donated and installed a beautiful fence at Martha's Place, helping to create a cozy new look to our backyard. Our hardworking volunteers were treated to lunch donated by Hall's. Thank you to the Junior League for their continued support, and thank you to all others that were involved in making the day a success! Here is a recipe from Christi, one of our residents, using the wonderful fresh produce from our backyards:

- 2 cups Hellman's Mayonnaise
- 2 cups container sour cream
- 1 tablespoon dill weed (to taste)
- any other chopped fresh herbs to taste
- salt and garlic powder to taste

Mix mayonnaise and sour cream until well blended. Add dill, salt, and garlic powder to taste.

Great dip to use with many of the veggies from our gardens!

### Mark your calendars:

September 23, 2010

### GOLF OUTING

We are already planning our 30th anniversary in 2011 and we thank Stacey Manges!



### New Board Members

We would like to welcome to our Board of Directors Courtney Waterman from the Junior League, Tammy Gibson from WorkOne, and Anthony Stites from the law firm of Barrett and McNagney. We greatly appreciate your support and guidance!

### Sisters of Hope

The Sisters of Hope is the alumni association formed by women who have gone through the Hope House program and want to provide continued support to each other and to the residents of Hope House. The Sisters of Hope not only provides support, but shows by example what successful, ongoing recovery looks like. These women have been incredibly generous with their time, offering rides to residents when the bus system can not meet their needs and in general being a valued support system for our residents. They created a PowerPoint slide show to entertain the audience at the Celebration of Success. The Sisters of Hope have monthly get-togethers for the residents and would appreciate donations of food or gift cards.



### facebook

### Making a Difference on the Web

Hope House continues to update our Facebook page with the latest news about our residents as they work towards healthy, independent living. It is a great way for us to thank our wonderful supporters for their continuing generosity. Supporters can also invite their friends to join and help our network grow. Please feel free to check us out on Facebook at [www.facebook.com/hopehouseinc](http://www.facebook.com/hopehouseinc).

Looking for an easy way to help out? Set GoodSearch.com as your search engine of choice and select Hope House as "who you goodsearch for". Each search you launch donates 1 cent to Hope House, and in today's economy every penny counts! For those online shoppers out there, GoodShop is a great way to help make a difference as well. A percentage of each purchase made at one of the partnering online stores, will be donated to Hope House. It's an easy way to make a big difference!



### Celebration of Success

We are very pleased to report that our Celebration of Success held on August 30, 2010 at 6 pm. honored thirteen women who have completed or are about to successfully complete our residential program, our largest group to date! We are extremely proud of each these women, and would like to thank all our supporters who joined us as we celebrated their tremendous accomplishment! We also thank all of the family members who have been so supportive and joined us at the Celebration. Finally, the Sisters of Hope once again impressed with their commitment and presented a fabulous power point slide show! It was an amazing, inspirational night!

**United  
Way**



## OUR WISH LIST



Food

Coffee, Sugar, Creamer

Office Supplies

Paper & Journals

Hygiene Items

Vacuum Cleaners

Cleaning supplies

Toilet Paper/Paper Towels

Under the bed storage boxes

Hand Sanitizer & wipes

Bed Linens-Twin Sets

Shopping gift cards

Movie tickets

Bowling tickets

Small gifts cards

Fast food gift cards

Manicures and Pedicures

Pizza Coupons

Music and book gift cards

Adding Machine

Umbrellas

Craft Items

Over the door hooks

Board/Card games

Gas Cards

Alarm Clocks

Blinds & Curtains

Jump Drives

Heavy Duty Ex. Cords

AA batteries

Bikes and bike racks

Bike locks

Push mower

Garden Tools

Power Strips

Gift Cards for Menards/Lowes  
(home improvements)

### **Home Repairs:**

Painting

Carpeting

Bathroom repairs

Metal Floor Grate needed



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U.S. POSTAGE

**PAID**

FORT WAYNE, IN

PERMIT NO. 254